

Name of patient:

DOB:

Name of examiner:

Date of test:

# Standardised Mini-Mental State Examination (SMMSE)

Please see accompanying guide for directions for administration

Say: I am going to ask you some questions and give you some problems to solve. Please try to answer as best you can.

1. (Allow 10 seconds for each reply). Say:
  - a) What year is this? (Accept exact answer only) ..... / 1
  - b) What season is this? (During the last week of the old season or first week of a new season, accept either)..... / 1
  - c) What month is this? (On the first day of a new month or the last day of the previous month, accept either)..... / 1
  - d) What is today's date? (Accept previous or next date)..... / 1
  - e) What day of the week is this? (Accept exact answer only) ..... / 1
  
2. (Allow 10 seconds for each reply). Say:
  - a) What country are we in? (Accept exact answer only) ..... / 1
  - b) What county are we in? (Accept exact answer only)..... / 1
  - c) What city/town are we in? (Accept exact answer only)..... / 1
  - d) (At home) What is the street address of this house? (Accept street name and house number or equivalent in rural areas)  
(In facility) What is the name of this building? (Accept exact name of institution only)..... / 1
  - e) (At home) What room are we in? (Accept exact answer only)  
(In facility) What floor of the building are we on? (Accept exact answer only)..... / 1
  
3. Say: I am going to name three objects. When I am finished, I want you to repeat them. Remember what they are because I am going to ask you to name them again in a few minutes (Say slowly at approximately one-second intervals).
 

**Ball            Car            Man**

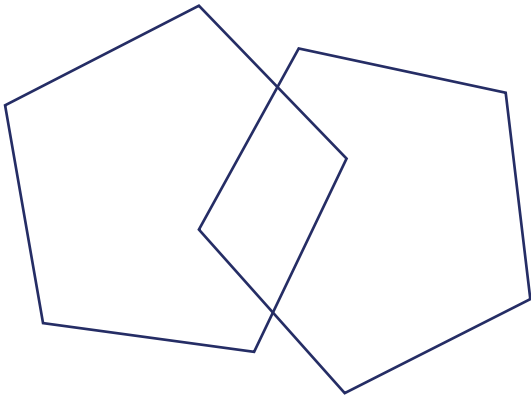
For repeated use: Bell, jar, fan; bill, tar, can; bull, bar, pan

Say: Please repeat the three items for me. (Score one point for each correct reply on the first attempt) ..... / 3

Allow 20 seconds for reply; if the person did not repeat all three, repeat until they are learned or up to a maximum of five times. (But only score first attempt).
  
4. Spell the word **WORLD**. (You may help the person to spell the word correctly) Say: *Now spell it backwards please* (Allow 30 seconds; if the subject cannot spell World even with assistance, score 0) Refer to accompanying guide for scoring instructions (Score on reverse of this sheet)..... / 5
  
5. Say: Now what were the three objects I asked you to remember? ..... / 3  
(Score one point for each correct answer regardless of order; allow 10 seconds)
  
6. Show wristwatch. Ask: *What is this called?* ..... / 1  
(Score one point for correct response; accept "wristwatch" or "watch"; do not accept "clock" or "time", etc.; allow 10 seconds)
  
7. Show pencil. Ask: *What is this called?* ..... / 1  
(Score one point for correct response; accept "pencil" only; score 0 for pen; allow 10 seconds for reply)
  
8. Say: I would like you to repeat a phrase after me: *No ifs, ands, or buts*..... / 1  
(Allow 10 seconds for response. Score one point for a correct repetition. Must be exact, e.g. no ifs or buts, score 0)
  
9. Say: *Read the words on this page and then do what it says*..... / 1  
Then, hand the person the sheet with CLOSE YOUR EYES (score on reverse of this sheet) on it. If the subject just reads and does not close eyes, you may repeat: Read the words on this page and then do what it says, (a maximum of three times. See point No. 3 in Directions for Administration section of accompanying guide). Allow 10 seconds, score one point only if the subject closes eyes. The subject does not have to read aloud.
  
10. Hand the person a pencil and paper. Say: *Write any complete sentence on that piece of paper.* (Allow 30 seconds. Score one point. The sentence must make sense. Ignore spelling errors)..... / 1
  
11. Place design (see reverse of this sheet), pencil, eraser and paper in front of the person. Say: *Copy this design please.* Allow multiple tries. Wait until the person is finished and hands it back. Score one point for a correctly copied diagram. The person must have drawn a four-sided figure between two five-sided figures. Maximum time: One minute..... / 1
  
12. Ask the person if he is right or left handed. Take a piece of paper, hold it up in front of the person and say the following:  
*Take this paper in your right/left hand (whichever is non-dominant), fold the paper in half once with both hands and put the paper down on the floor.*

- Takes paper in correct hand..... / 1
- Folds it in half..... / 1
- Puts it on the floor..... / 1
- TOTAL TEST SCORE:** / 30
- ADJUSTED SCORE : /

Molloy DW, Alemayehu E, Roberts R. Reliability of a standardized Mini-Mental State Examination compared with the traditional Mini-Mental state Examination. *American Journal of Psychiatry*, Vol. 14, 1991a, pp.102-105. The Standardised Mini-Mental State Examination (SMMSE) is the copyright of Dr D.W. Molloy and may not be reproduced without the written consent of the author.



Time: .....

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D	L	R	O	W

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**CLOSE YOUR EYES**